Happy New Leap Year to all!

One mathematically inclined wag says that, for 2012, we should wish you 12 months of happiness, 52 weeks of life, 366 days of success, 8,784 hours of good health, and 527,040 minutes of good luck.

Because 2012 is a leap year, it is as if we have an extra day, with all of its hours and minutes, to serve our customers.

We thank you for a great year and look forward to serving you throughout the coming year.

Happy New Year to you and yours!

Update your information

January is National Glaucoma Awareness Month

January is a good time to consider changes that may have occurred in your life during the past year.

The human resources department reminds us that it’s important to keep your information up to date, including:

* Change of address, landline and cellphone telephone numbers, and person to be contacted in case of emergency.
* In a more personal matter, does the beneficiary named on your life insurance reflect your current wishes? Have you been married or divorced, or should your beneficiary be changed for some other reason?*

January is National Glaucoma Awareness Month

You may have heard glaucoma called “the sneak thief of sight.” That’s because it has no symptoms until it has progressed beyond the point where it can be successfully treated. It is the second leading cause of preventable blindness in the world.

More than 4 million Americans have glaucoma and 120,000 are already blind because of it. Worldwide, nearly 70 million people have the condition. The best way to protect yourself is to have an eye examination. Today, most optometrists test for it. If they find any indication, you should see an ophthalmologist immediately. Treatment can be effective in the early stages.

Though the most common forms affect middle-aged and older people, glaucoma can affect all age groups. Insist that your children be tested when they are being fitted for eyeglasses.

Those at higher risk include people over 60, people of African, Asian and Hispanic descent, and those who have family members who have glaucoma. Also at higher risk are diabetics and people who are severely nearsighted.

In the most common form of glaucoma, vision loss begins with peripheral or side vision. Be on the lookout for that first noticeable symptom and get treatment immediately.
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Public Confidence in Pharmacists Hits Record High

In the annual Gallup poll of honest and ethics among 21 professions, pharmacists finished second with 73% of Americans giving them a “very high/high” rating. That figure ties pharmacists’ previous best mark in 2006. In 1988 and 1990-98, pharmacists were given the top ranking. Nurses led the list this year with 84%, as they have almost every year since they were first included in 1999. Medical doctors finished third at 70%.

At the other end of the scale, 64% of Americans rated the honesty and ethical standards of members of Congress “low/very low.” That ties the record low for any profession.
New strip. New name. The meter’s the same.

- Both test strips can be used with the ACCU-CHEK Aviva meter—no need to change meters
- Both test strips are covered by Medicare and preferred on most major health plans
- ACCU-CHEK Aviva Plus test strips have new NDC and UPC numbers

Now with advanced performance

- Free from maltose interference
- Improved accuracy—as tested against a 23% tighter accuracy specification
Are you missing out on the “Newest to Market” product launches and “New Formulations”? 

**Good Sense QuikShip Program** - With the market ever-changing, we are seeing more and more brand-to-generic conversions in the OTC market. SDC wants your pharmacy to be one of the first in your area to make these products available to your patients. With the conversion of PREVACID in May 2012 (lansoprazole), this generic conversion will be a main player in the marketplace. When you sign up on the new Good Sense QuikShip Program, you will receive 2 (two) pieces with a 5% discount on new-to-market products. (please note: Not all new items will be shipped.)

**Rx QuikShip** - Always have the newest and most innovative pharmaceuticals on hand, while taking advantage of special dating and introductory allowances from the manufacturer.

**GeneRx QuikShip** - Take advantage of exclusive first-to-market generic pharmaceuticals. With GeneRx QuikShip, you avoid losing sales to competition by always having the newest generics as soon as they are released!

See your Smith Territory Account Manager for more details!
Chronic Disease May Up Out-of-Pocket Costs for Insured

Among families with employer-sponsored health care plans, those coping with chronic illness pay more out of their pockets than those without chronic illness, primarily because of higher prescription drug co-payments, a new study finds.

“Even when you are looking at the same level of total spending, families covering chronic conditions spent more out of pocket than those without chronic illnesses, and it doesn’t appear to be because the families are in different types of plans,” researcher Anne Beeson Royalty, a professor at Indiana University-Purdue University Indianapolis, said in a university news release.

“It looks as though the difference is because certain types of services — such as prescription drugs — are covered less generously,” she added.

Royalty and colleagues analyzed data from a 10-year national survey of more than 47,000 American families and found that those dealing with chronic conditions spent 1.5 to two times more on prescription drugs.

For example, among households spending a total of $7,000 on health care, those with chronic conditions spent an average of $2,215 of the $7,000 on prescription drugs, compared with $1,065 for other households.

“Because average coinsurance for prescription drugs is much higher than coinsurance on other health care services, that means that the households with chronic conditions pay more of that $7,000 out of their own pockets than do other households — roughly $500 more in this case. The differences grow more pronounced as total spending increases,” Royalty explained in the news release.

She and her colleagues said the study raises questions about how health care plans are designed. They suggested that employers and insurers should investigate whether better-designed health plans would promote the use of “high value” services (for example, taking prescription medicines) by cutting the patients’ out-of-pocket costs of these services.

“If a person can keep a chronic condition under control with medication, not only will that produce better health but also fewer expensive hospitalizations,” Royalty said.

Total spending was defined as what the insured family paid in out-of-pocket co-payments and/or deductibles plus what the family’s insurance company paid health care providers. The chronic conditions were asthma, cancer, diabetes, anxiety and depression.

Chronic Disease May Up Out-of-Pocket Costs for Insured

In May, The Centers for Disease Control and Prevention posted its controversial Zombie Preparedness blog. It was a tremendous success.

In response to its popularity, the health and response team has produced an appropriately gruesome online graphic novel that tells the story of a couple struggling to survive a zombie pandemic.

It has already been a hit at ComicCon, a gathering of fans and creators of comic books, graphic novels, and games. Printed copies went like hot cakes.

Earlier, specialists at CDC were writing their annual preparedness blog urging Americans to get ready for disasters by putting together supplies such as water, food, flashlights, extra medications, and first aid materials.

The blog seemed dull, and they feared it would not be read by many people. Then they discovered that Zombies were a hot topic. So they wrote and posted a “Social Media: Preparedness 101: Zombie Apocalypse” blog, a fake discussion on how to prepare for a zombie attack and what to do if one occurred. It led readers through steps necessary to create an emergency kit for their families. After that, they turned it into a graphic novel.

They tweeted about it and wrote it up on Facebook, and the page got more than 3 million worldwide viewers and 500 comments.

The graphic novel is now entertainment for a worthy cause.

To see it, search for “Preparedness 101: Zombie Apocalypse” and click on the pdf symbol.

After you watch it, start your own emergency supply stash.
The Centers for Disease Control and Prevention (CDC) recently launched a new antibiotic tracking system, allowing hospitals to monitor their antibiotic use electronically.

Previously, the CDC was only able to track antibiotic use in doctors’ offices. Hospitals that participate in the CDC’s National Healthcare Safety Network can utilize this tool by working directly with its pharmacy software vendors to transmit data electronically from drug administration or bar-coding records. In this case, there is no manual entry of data.

“Weapons and other healthcare facilities should monitor the antibiotics used in their facilities. This new system is a powerful tool that will enhance providers’ ability to monitor and improve patterns of antibiotic use so that these essential drugs will still be effective in the years to come,” said CDC Director Thomas Frieden, MD, MPH.

While physicians have significantly improved unnecessary prescribing of antibiotics, up to half of antibiotic prescriptions are unnecessary, according to the CDC. To that end, the CDC also partnered with the Institute for Healthcare Improvement to pilot test a tool to help hospitals implement practical strategies to improve antibiotic use. The pilot testing is underway in 8 U.S. hospitals.

source: Drug Topics
Driving in snow

Before you start: Clear the snow and ice off your whole car, (not just the windows) so you have an unobstructed view of the road. Don’t forget to clean the headlights. Carry a cellphone, shovel, sand or kitty litter, snacks and water in case you get stuck.

After a big snow, don’t leave until the snow plows and sanding trucks have done their work. For a frozen door lock, heat the end of the key with a match. Turn your lights on when you leave.

* When renting a car during bad weather, ask for one with four-wheel drive. It won’t solve all driving problems, but four-wheel drive can help you get through snow. Drive slowly.

* If you don’t have much experience with driving in winter conditions, practice your moves and check your car’s response in a vacant parking lot before starting your trip. In January 2008, warmer climates, such as in Atlanta, had a mix of snow and sleet.

On the road: Drive slowly and leave three times the amount of space you normally allow between your car and the one ahead. Don’t use cruise control. To stop, brake gently. If your wheels start to lock up, ease off the brake.

In a skid: If your rear wheels skid, stop accelerating and steer in the direction you want the front wheels to go. Apply anti-lock brakes with steady pressure. If you have standard brakes, pump them gently.

What if you get stuck? It can happen in your yard, in front of a house, or anywhere you happen to slide off the road for even a few feet. When it does, don’t spin your wheels.

* Turn the wheels from side to side to push away the snow. Use a light touch to ease your car out. If that doesn’t work, use a shovel to clear the snow from the wheels and underside of the car and put sand under the wheels. Try gently rocking the vehicle back and forth.

* Don’t gun the engine repeatedly, or you could ruin the transmission.

If none of this works, dial up a tow truck. Have a snack and a drink of water. Call your boss to say you’ll be late, then just relax and wait for help.
Gummies

6 natural flavors and colors
Tropical Punch
Watermelon • Mixed Berry
Orange • Cherry • Grape

CONSISTENTLY #1 in every CPG category for kids!

• Children’s gummy multivitamin, NBE to Flintstone’s with Choline!
• Top licensed properties TV and online for kids with crossover to teens and adults
• Powerful media and ad support, with a feature film launch in 2013-2014!

Smith # 569251   Cost $5.49
GET OUT OF THE EASY CHAIR

Experts have long known that physical activity decreases the risk of heart disease, diabetes and obesity. New research by the American Institute for Cancer Research indicates that long periods of sitting may be responsible for 90,000 new cancer cases each year in the United States.

Their study indicates that about 49,000 cases of breast cancer and 43,000 cases of colon cancer could have been avoided if people got up and walked around occasionally.

Ideally, brisk 30-minute walks would lower these risks over time. But even among individuals who were regularly active, the risk of dying prematurely was higher among those who spent a great deal of time sitting.

People should avoid prolonged sitting without moving. They need to get out of the easy chair and take breaks.

ADULTS: IS IT A COLD HANGING ON, OR IS IT A TOUCH OF ASTHMA?

Your doctor could have an unexpected diagnosis for that pesky cough or bronchitis that won’t go away.

The Centers for Disease Control and Prevention say one in 12 adults are now diagnosed with asthma. Symptoms can develop at any age.

Diagnosis is important, because you can then get the right treatment. Inhaled corticosteroids are the most common anti-inflammatory medications. Sometimes a quick-relief inhaler is prescribed for asthma attacks.

Avoid triggers, which commonly include allergens such as pet dander, dust mites and mold (wash your sheets in hot water every week). Tobacco smoke can be a trigger as well.

Your doctor will develop an action plan designed to help you know whether your treatment is working or has to be changed.

A CELLPHONE IN THE CAR

Using a cellphone inside a metal vehicle increases its radiation due to reflection. And your cellphone signal has to be stronger in order to exit the vehicle, according to electromagnetic field expert Magda Havas.
Don’t forget to wash

It’s the cold and flu season. That can make you think twice about going to places where you will come in contact with a lot of people as you would at the mall or in a crowded cafe. Some of those people will be contagious.

In those circumstances and at work, your best protection is hand washing. Anything you touch could carry the flu virus, but it does wash off.

Take vitamin D with food

Doctors at the University Hospital Zurich and elsewhere emphasize that it is important to take vitamin D supplements of 800 to 1000 IU. The benefits of vitamin D continue to be found, especially as an addition to calcium for strong bones.

Vitamin D is fat soluble. It will not be absorbed unless there is some fat consumed at the same time. If taking it without food, at least drink a glass of milk with it.

Fan protects against SIDS

A study reported in the Archives of Pediatrics & Adolescent Medicine shows that babies who slept in a room with a fan running were 72 percent less likely to die of sudden infant death syndrome (SIDS). By improving air circulation infants are less likely to breathe exhaled carbon dioxide. The gas fills the gap between a baby’s face and the mattress.

Always put babies to sleep on their backs, and never smoke near a baby.

Keep stuffed toys, loose bedding and soft bumpers out of the crib.

Give the baby a pacifier. The handle keeps the baby’s face from becoming pressed against the mattress.

Cold and Flu and You

As the annual cold and flu season gets underway and your pharmacies fill up with runny noses, coughs, and fevers, please remember to alert parents and caregivers about the recent change to one concentration for all single-ingredient pediatric liquid acetaminophen medicines. In May, the Consumer Healthcare Products Association, representing the makers of over-the-counter medicines, announced the industry’s plans to convert all single-ingredient pediatric liquid acetaminophen medicines to a single strength for all children under the age of 12.

This voluntary change means the current children’s strength of liquid acetaminophen (160 mg / 5 mL) will become the only liquid concentration available for all children under 12-years-old, and the current concentrated infant drops will no longer be sold. The transition began earlier this year and will continue through early 2012 as different manufacturers make their medicines available at slightly different times. To learn more about CHPA’s announcement and more information about this effort, visit OTCsafety.org.
**PAINKILLER DEATHS RISE DRAMATICALLY**

The number of annual deaths from painkillers now surpasses those from heroin and cocaine combined. The drug toll is more than deaths caused by motorcycle crashes in some states, according to the White House Office of National Drug Control Policy.

They say prescription-drug abuse is the nation’s fastest-growing drug problem. In 2010, 12 million Americans aged 12 or older reported non-medical use of painkillers like Vicodin and Oxycontin that are often sold by “pill mills,” storefront operations that dispense them without medical examinations. Some drug abusers get multiple prescriptions by going from one doctor to another.

Drug monitoring programs are part of the answer. Most states have approved drug-monitoring programs, but the programs aren’t operating yet.

**SAY CHEESE AFTER DINNER**

Eating a piece of cheese after dinner is healthier for your mouth than eating a sweet dessert, says the American Society for Dental Aesthetics.

Cheese neutralizes oral acids and helps remove bacteria. It also contains calcium and phosphorus that remineralize tooth enamel.

**NEW DEVICE HELPS DOCTORS DIAGNOSE SKIN CANCER**

The Food and Drug Administration has approved the skin-cancer diagnosis tool, MelaFind. The device helps identify melanoma in a systematic way. A special camera captures an image of a lesion, and a computer then analyzes it using an algorithm developed by the maker, Mela Sciences. It has proven to be 98.3 percent effective in identifying melanoma.

The device looks like a desktop computer and is on a rolling rack. The camera is held against the lesion, which can then be examined at various depths.

Dermatologists say that, right now, lesions are difficult to diagnose and the uncertainty can lead to unnecessary biopsies. There is also the possibility of “false negatives” when the biopsy fails to find cancer that is actually present.

The MelaFind should prevent both problems. Mela Sciences hopes to have the device available by midyear. Patients would pay about $50 plus the doctor’s fee for the test.

**SEVERE HEAD PAIN**

Okay, so most times a headache is just a headache, and heartburn is just a sign that you rang the Taco Bell a few times too many. Except when they’re not. Here are four types of pain you should heed, and how.

This mother of all headaches makes your bachelorette party hangover seem laughable. If you could laugh.

The culprit Odds are, any jackhammering in your brain is just a migraine. But if it’s not accompanied by other migraine symptoms (such as a visual aura), sudden and severe pain—we’re talking the absolute worst headache of your life—can signal a brain aneurysm. These arterial bulges occur in up to 5 percent of people, but most of the time they don’t cause any trouble—you won’t even know you have one unless the weak spot leaks or tears. If that happens, escaping blood can flood the surrounding tissue (causing a violent headache) and cut off the oxygen supply there. Smoking and having a family history of aneurysms increase your odds.

The fix “A burst aneurysm can cause brain damage within minutes, so you need to call 911 immediately,” says cardiologist Elsa-Grace Giardina, M.D., director of the Center for Women's Health at NewYork-Presbyterian Hospital/Columbia University Medical Center. Your doctor will take a CT scan to look for bleeding in the space around the brain. If he finds hemorrhaging, you’ll head into the OR pronto for surgery to repair the blood vessel.

Source: womenshealth.com
**THROBBING TOOTH**

Spooning your way through a pint of Chubby Hubby has become an exercise in torture. When your teeth touch anything frosty, you feel a dull throb or sharp twinge.

The culprit It's likely that the tooth's nerve has become damaged, usually because the surrounding pearly white is cracked or rotting away. Unless you get it patched up quickly, bacteria in your mouth can infect the nerve. And you definitely don't want that breeding colony to spread throughout your body, says Kimberly Harms, D.D.S., a dentist outside St. Paul, Minnesota.

The fix Time for a cavity check! You may just need a filling to cover the exposed nerve. But if it's infected, you're in for a root canal, in which the tooth's bacteria-laden pulp is removed and replaced with plastic caulking material. Antibiotics can clear up any infection that has spread beyond the mouth.

Source: womenshealth.com

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**SHARP PAIN IN YOUR SIDE**

A typical runner's side stitch pales in comparison to this piercing stab, which intensifies over a few hours or days.

The culprits You may just need some Beano. But if you feel as if you're being skewered in your right side and you're also nauseated and running a fever, you could have appendicitis. It occurs when something (like a stray piece of feces) migrates into the space where the appendix empties into the colon, blocking it. Soon the organ becomes dangerously inflamed. Another possibility is an ovarian cyst. Typically these fluid-filled sacs are harmless and disappear on their own. But if one twists or ruptures, it can cause terrible pain.

The fix In both cases, you're looking at emergency surgery. "If you don't remove an inflamed appendix, it can burst," says Lin Chang, M.D., a gastroenterologist and codirector of UCLA's Center for Neurovisceral Sciences and Women's Health. This can cause dangerous swelling of the tissue surrounding your organs. A twisted cyst also needs to be removed right away, as it can block bloodflow to your ovary within hours. If that happens, the doctor will need to cut out the entire ovary (and the eggs inside) along with the cyst.

Source: womenshealth.com

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**PASSING CHEST PAIN**

Periodically, you get what feels like a bad case of heartburn, or a tight squeezing sensation, as if you're being laced into a corset.

The culprit You probably just peppered your pizza with too many chilies. But if you know you're at risk for heart problems, don't blow it off--it could be a heart attack. Every year, about 10,000 women under 45 have one. Symptoms tend to be less severe in women than in men, so "you may just feel pressure, along with fatigue, throat pain, or shortness of breath," Giardina says.

The fix Feel the burn after feasting on chalupas? Normal. Feel as if you're being squeezed to death by a boa constrictor after a hard workout? Not normal. In younger women, a heart attack usually happens when you're working up a sweat. If that's the case, dial 911. Your doc will do an EKG to determine whether your heart has been damaged, then decide on the best treatment, whether it's clot-attacking drugs or surgery to clear your arteries.

Source: womenshealth.com
Advertising

Click-to-Call website buttons bring sales

One big health products company spent millions annually for online marketing. But the results weren’t great. Less than 3 percent of those who clicked on the online ads went on to place an order.

They discovered that the percentage went up considerably if the prospective customer spoke with a person who could explain a product and how it was used. Those calls resulted in 20 percent of clients placing an order.

The company signed up with Marchex, an organization selling mobile advertisements that automatically connects smartphones to a call center.

With this program, and others like it, cellphone customers can instantly go from an online search engine ad to a human being.

With the human connection, browsing customers turn into paying customers who order more in the future.

Google also has an ad program for cellphones. The click-to-call program evolved from a stepchild project into a major initiative. An estimated 500,000 customers now use it, say technology experts at Bloomberg Businessweek.

When a smartphone user visits a website with advertising, or searches Google, the ad or website can include a phone number. When the user clicks the number, their phone dials the seller. Marchex and Google only charge advertisers for calls that are of a certain length, filtering out telemarketers and wrong numbers.

Some companies are increasing their number of such ads, but the plan doesn’t work out for everyone. Other companies didn’t like it and quit.

Both Google and Marchex sell similar ads for desktop PCs, but customers have to pick up the phone and dial instead of clicking. The companies are working on a way to route PC-based calls so callers speak directly through their computer.

Otis brings a factory home

Joining companies such as United Technologies, Otis Elevator is moving production from its factory in Nogales, Mexico, to a new plant in South Carolina. Otis says the move will save money.

International companies from Ford to General Electric have started returning some jobs they previously shipped offshore, a process called "reshoring."

That’s good news for job seekers.

The Alliance for American Manufacturing says it’s not yet a trend, but more companies are thinking about bringing manufacturing operations back to the U.S.
The month of January is dedicated to the promotion of healthy vision. We can start by protecting our eyes with sunglasses when we're outdoors, goggles whenever we're mowing the lawn or using machinery, and, yes, by eating carrots. Carrots contain beta-carotene that helps guard night vision and protection against macular degeneration.

Even if you don't need glasses, an eye exam can help the doctor suggest treatment for problems like eyestrain and headaches. Staring at computers, TV screens and handheld devices intensifies these symptoms.

Early AMD: Signs of age-related macular degeneration can be seen many years before vision is affected. Doctors may recommend vitamins C, A and E, or lutein, to slow or prevent AMD.

Presbyopia: the slow loss of ability to see close objects or small print, usually beginning at about age 40. A correct eyeglass prescription is important at this point.

Floaters: tiny spots that float across our field of vision. Although they aren't usually a sign of trouble, in rare cases they can be a warning sign of retinal detachment.

Dry eyes: occur when our tear glands don't make enough tears; can cause itching, burning, or some loss of vision. Eye drops may help, but an exam may reveal Sjogren's Syndrome, an autoimmune disease that has white blood cells attacking moisture-producing glands. Four million Americans have it.

Cataracts: cloudy areas in part or all of the eye lens that keep light from passing through the lens, causing loss of eyesight. They form slowly and can usually be removed by surgery.

Glaucoma: too much fluid pressure inside the eye. The cause is unknown, but it can often be controlled and blindness prevented. There are no early warning signs.

Conjunctivitis: occurs when tissues that line the eyelids and cover the cornea become inflamed, causing itching, burning, tearing, or a feeling of something in the eye.

Vision checks often cost less than $40 and may be covered by insurance. Clinics may provide free checkups in January.

In honor of National Eye Care Month schedule checkups for the family

One of the things that National Eye Care Month in January does is remind us to have an annual eye exam done. Screenings (as mentioned above) are good to spot some problems but they aren't designed to spot everything.

If you've been delaying having an eye exam done it's time to stop. Contact your health care provider for a referral and make the appointment. Hopefully, you'll get a clean bill of health. If you don't, having a routine eye exam may raise the chances of spotting problems early.

Schools often hold vision screenings to spot children's eye diseases early. One of the best ways to celebrate National Eye Care Month in January is to get involved by volunteering. Ask your school's nurse if they need help. Sometimes chairs have to be moved or tables need to be set-up. Volunteering is a good way to become more involved with your child's school.

Another volunteer opportunity to help celebrate National Eye Care Month in January is to hold an eye glass collection. The Lion's Club collects used eye glasses. They then clean them up and match them with a person who can't afford their prescription.

Call the Lion's Club ahead of time. They may have brochures that you can copy or boxes that you can use.

When looking at ways to celebrate National Eye Care Month one of the things that you can do is help raise money. Taking up a collection at work is often helpful. Put an extra cup out next to the coffee pot to collect change. Have a jeans day to raise money or a small bake sale.

The ideas are endless. Likely candidates to receive the donation include the Lion's Club or eye care center at your local children's hospital.

Source: factoidz.com
Gone Smoke On-The-Go 12 piece Counter Unit
Smith # - 547455

Why Smell Like Smoke?
In today's world, smelling like smoke can mean the loss of a job, relationship, respect and more. GoneSmoke gives confidence to smokers and relief to non-smokers. Cigar smokers call it the "New Smoking Jacket." Cigarette smokers call it a "Life-Saver." Either way, you're smoke and odor-free.

Can I Remove Smoke Odor?
The challenge of how to remove cigarette odor has been an endless one until now. GoneSmoke Ultimate Smoke 'n' Odor Eliminator gets rid of smoke smell in hair, clothes, home and car. Never before has there been a product like GoneSmoke…a discreet, virtually dry aerosol that's safe for any fabric and hair and actually eliminates odors…it's not a mask.

SinuCleanse®
The Best Brand of Nasal Wash Products

- Manufactured and labeled according to FDA drug GMP's
- Priced right to encourage trial and grow the category
- Made in U.S.A.

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NeuRemedy, "The Neuropathy Vitamin"
Peripheral neuropathy is a condition in which the nerves of the feet and/or legs do not function properly. Common symptoms include tingling, numbness, sharp pains and/or burning pains to the affected parts of the body. There are over one hundred known causes of peripheral neuropathy. Treatments for peripheral neuropathy vary depending on its cause. Thiamine (vitamin B1) deficiency is a well known cause of peripheral neuropathy. Diabetics and non-diabetics alike may be thiamine deficient. If you have tingling, numbness, sharp pains and/or burning pains to the feet, legs and/or hands you may be thiamine deficient. Reversing thiamine deficiency is a well known and often highly successful way to nutritionally manage peripheral neuropathy.

**Product Of The Month**

*NeuRemedy Cap’s 60’s*

Description: Capsin Lotion Roll-on 2oz
Smith Number - 430338

CAPSIN is a natural topical analgesic lotion. Its active ingredient, capsaicin, is derived from the pepper plant and has been used for medicinal purposes for millennium. The active ingredient in CAPSIN has proven to be effective in reducing the pain of arthritis, simple backache, strains, and sprains. It is a highly effective topical pain reliever used to reduce the chronic, unrelenting, debilitating pain suffered by patients with painful diabetes and neuropathy. CAPSIN analgesic lotion is effective in alleviating the pain associated with arthritis, neuropathy, and backaches. CAPSIN is formulated with natural capsiacin.

**New Year’s Resolution! Stop Smoking!**

**Benefits of 21st Century Smoke™ Electronic Alternatives**

- No bad breath
- No smelly clothes
- No smoke or second Hand Smoke
- Satisfies nicotine craving
- Satisfies the oral fixation of traditional cigarettes’ “smoking experience”
- No flame. No combustion.
- Can smoke it in most place where traditional cigarettes are prohibited
- Easy to use
- Lower cost than traditional cigarettes
- One-Year Quality Warranty

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<td>21 CENT UNIVERSAL BATTERY</td>
<td>1 EA</td>
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They Are Moving In....Be Prepared!

Methods for Better OTC/HBC Merchandising
Keeping your shelves full and updated!

1. Keep sections updated with new products and line extensions by pulling slow sellers and adding new products to shelves. Every SDC account receives new item information in the invoices and catalogs that are sent out with orders or brought to the store by your Territory Account Manager.

2. After stocking the day’s order, it is best practice to go through shelves to check for items that did not come in on the order. Use the invoice to find discontinued products; remove any shelf re-order labels for those items and look up new products for replacement.

3. With every order you receive a new shelf label. This is a good way to replace any old or damaged shelf labels.

4. Over the past couple of years, some major manufacturers have had problems getting products to the retail shelf. In most situations, this has caused many stores to have “gaps” on their shelves. Although Brands have been severely affected, GoodSense has been able to produce some of the store brand equivalents and they are now available. This problem is across the board and Chains are having the same situations. Two short term solutions are to double face “Store Brands” or to delete shelves from the department.

507616 1X180 ML MUCINEX FAST-MAX COLD & SINUS
507590 1X180 ML MUCINEX FAST-MAX COLD/FLU/SORE
507608 1X180 ML MUCINEX FAST-MAX SEV CONG COLD
540732 1X6 OZ MUCINEX FAST/MAX DM MAX 6OZ
540708 1X4 OZ MUCINEX CHILD COLD/FEVER LIQ
540716 1X42 CT MUCINEX SE MAX STR 42CT
540724 1X42 CT MUCINEX DM MAX STR 42CT
2012 Continuing Education and Gift & Trade Show
Registration Form
Please read carefully - Please Print or Type all information clearly.
The information for your event badge will be taken directly from this form.
Deadline for Registration - June 1, 2012
Cancellation deadline - June 7, 2012

Do you need labels for additional accounts? Main Account Number:___________

*Note: Account numbers must be a 4 digit number, ie: 0976
Additional Account Number(s)

Account Name __________________________________________________________________________________________

Registrant Name (that would appear on badge)__________________________________Title ______________

Spouse/Guest (can not be registered for CE on this form) __________________________________
*Note: if your spouse/guest plans to attend the CE they must complete a separate registration form.

Daytime Phone Number ________________ (ext____) Fax ____________________________

E-mail (please print) ________________________________________________________________

Event Billing Options

Account Number to be billed if different from Account Number above:__________________

$120.00  Continuing Education - Please check days you will attend
        _____ Friday AM
        _____ Saturday PM
        _____ Sunday AM

$50.00  Trade Show - 18 Years and Older
        Children under 18 free

Saturday Night Dinner

_____ Total # of Adults in the party. (includes complimentary, paid and vegetarian)
_____ Total # of Complimentary Meals (max 2 - does not include vegetarian)
_____ Total # of Paid Regular Dinners ($70.00)
_____ Total # of Vegetarian Meals ($55.00)

_____$50.00 (per child)  Kids Program - Child care and meal for Saturday Night
Children 2 years (must be potty trained) to 12 years. (Please fill out the KidZone form as well)

_____ Invoice Total

_________________________ Smith Territory Manager

Please Fax in to 864-596-5144 Attention Tonia Dillashaw
or email to tdillashaw@smithdrug.com

19
2012 Continuing Education and Gift & Trade Show

Grove Park Inn • Asheville, NC
July 20th - July 22nd

With over 125 vendors participating and between 10 & 14 CEUs, register and be a part of this growing event.

2012 offers one of the most beautiful and historic venues in the southeast. Minutes from historic downtown Asheville and 100 year Biltmore estate.

See Inside Back Cover for Registration Information.
www.smithdrug.com